



Public Schools of Plainfield New Jersey



The suicide rate in the United States remains comparatively high for the 15 to 24 age group with 6,241 suicides in this age range in 2017, making it the second leading cause of death for this group.

How to get help: seek out a trained professional as quickly as possible.

**National Suicide Prevention Lifeline
800-273-TALK (800-273-8255)**

**New Jersey Suicide Prevention Helpline
1-855-654-6735**

Crisis Text Line Text HOME to 741741

**The Trevor Project (crisis intervention & suicide prevention
support for LGBTQ+ youth)
1-866-488-7386 / Text START to 678678**

Veterans Crisis Line 1-800-273-8255 PRESS 1