

# What's the difference between a Fixed Mindset and a Growth Mindset?

*Tri-Township CSC strives to have a Growth Mindset and to instill that within our students through example and daily encouragement.*

<b>Situation</b>	<b>Fixed Mindset</b>	<b>Growth Mindset</b>
<b>Challenges</b>	Challenges are avoided to maintain the appearance of intelligence.	Challenges are embraced, stemming from a desire to learn.
<b>Obstacles</b>	Giving up in the face of obstacles and setbacks is a common response.	Showing perseverance in the face of obstacles and setbacks is a common response.
<b>Effort</b>	Having to try or put in effort is viewed as a negative. If you have to try, you're not very smart or talented.	Doing hard work and putting in effort paves the path to achievement and success.
<b>Criticism</b>	Negative feedback regardless of how constructive it is, is ignored.	Criticism provides important feedback that can aid in learning.
<b>Success of Others</b>	Other people's success is viewed as a threat and evokes feelings of insecurity or vulnerability.	Other people's success can be a source of inspiration and education.

~taken from George Couros